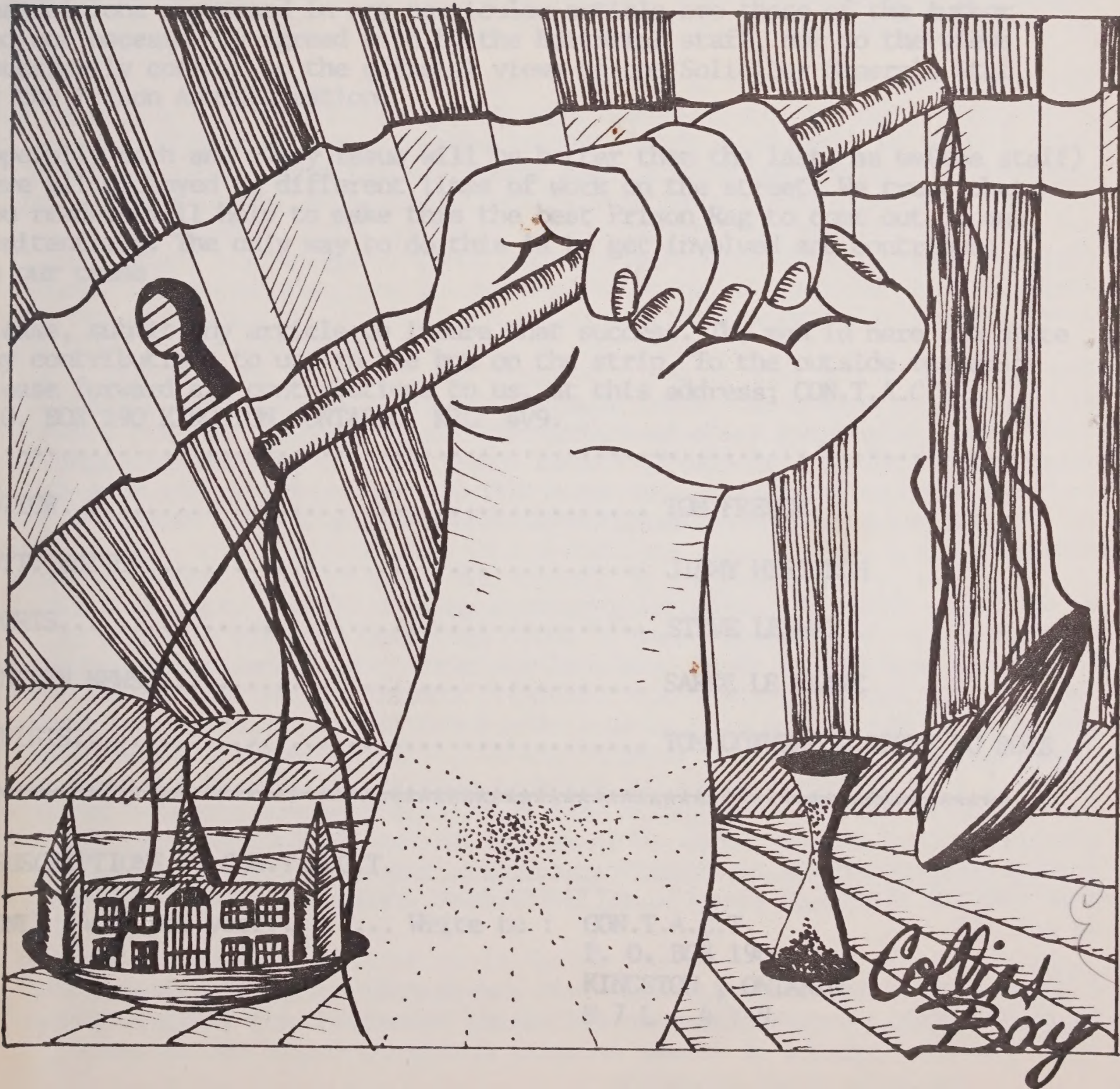


8 JUNE/80

CRIMINOLOGY
JUL 15 1980
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This paper is put out by the con's of Collin's Bay, for the con's of Collin's Bay. There have been alot of papers that have come out of here over the years. We hope that this paper helps the men on the inside and also shows the people on the outside just how we feel. the name of the paper is CON.T.A.C.T.; it not only means what it implies, but it is much more to us. CON. is for convict; T is for together A is for against; C, is for cruel; and T is for times. And through this paper we hope to show you readers that we can do alot more if we work together.

The opinions expressed in any particular article are those of the Author and not necessarily agreed with by the Editorial staff, nor do the views necessarily conform to the official views of the Solicitor Generals Staf, or the Prison Administration.

hopefully each and every issue will be better then the last, as we(the staff) were all employed in different lines of work on the street. We trust that you readers will help to make this the best Prison Rag to come out of any Penitentiary. The only way to do this is to get involved and contribute to our cause

please, submit any article to insure that success. The men in here can place any contributions to us, in the box on the strip. To the outside readers; please forward all contributions to us, at this address; CON.T.A.C.T. P.O. BOX 190 KINGSTON, ONTARIO K7L 4V9.

.....
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P. O. BOX 190
KINGSTON , ONTARIO
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" NIGHT LIGHTS ARE A PAIN "

The inmate committee is presently taking this brief up on their next meeting with the Administration. This is an issue that the Inmate Committees in the past have tried to solve for as far back as 1972. We'll keep you informed in our next issue about what went down about this matter .

SLEEP DEPRIVATION

Night lights glaring in one's face through out the night is surely a form of sleep deprivation!

Everyone knows that sleep is not only beneficial but necessary. Sleep deprivation experiments, in which subjects are prevented from sleeping for long periods of time, have shown that to deprive a person of sleep over a number of days has far more serious consequences than to deprive him of food, causing a progressive loss of ability to solve even simple mental problems and leading eventually to increasing signs of delirium. Since we spend so much time sleeping, and fully recognize its importance to healthy functioning of our waking selves, it may seem paradoxical that sleep should be in any way threatened.

The darkness of the room in which we spend the night is an important aid to falling asleep and though sleep is possible under glaring light conditions, laboratory tests have shown that such sleep is neither profound nor as refreshing. Being diurnal creatures, the presence of light is a stimulation inevitably associated with the day world; in the dark it is far easier to put aside the concerns of the waking world. Man needs sleeps!

As we sleep, other physiological processes go into effect. Various hormones begin to be produced, some of which are drawn upon for a number of biological uses during sleep, while others are stored up by the body for future waking needs. Research concerning the biochemical processes of the body during sleep is the focus of many experiments currently being carried out by sleep scientists. It is a new field and there is still a great deal that is not known or understood. But it is known for instance, that the antibodies that fight infection are produced in greater numbers during sleep. When we are at rest the body is free to concentrate upon these restorative processes, and it is for this reason that getting plenty of sleep is still the best prescription for us when we are ill.

A known fact is that mammals must dream and that dreaming is essential to good health. Dreaming is also definitely connected with problem-solving and the contents of dreams occurring during non-rapid eye movement

sleep tends to be more in the nature of waking thoughts, and to involve common, everyday imagery it may deal, for instance, with specific problem of your family or with dealing with plans for parole. People get messed up by not getting enough sleep and the proper cycles of dreaming. Under external stimulaes such as night-lights on fulltime, it does not allow the right side of the brain to function properly which is dealing with problem-solving in an abstract fashion.

No one, however, has yet definitively proven the exact function of sleep but what is known at present is that sleep is necessary, that there is predictable cyclic activities of the brain and body processes during sleep, and that prolonged lack of sleep has deleterious effects on the behavior of the individual!

Without the proper cycle of dreaming and deep sleep, an individual will become highly frustrated, irritable, and troubled. Because of this frame of mind, and lack of problem solving, a person is not receptive to rehabilitation and in fact could go against it's concept!

A glaring night light could in fact upset an individual so much that a phobia could develop. A strong, healthy man could turn into quite the opposite and be filled with anger and frustration at being unable to obtain a deep restful sleep. It could in fact lead to an emotional crisis!

Emotion stresses at any age can cause depression and anxiety, leading to sleep difficulties. About 75 to 80 percent of those with psychological conflicts also suffer from some degree sleep disturbance. Individuals in an anxiety state may desperately wish to escape into sleep - but because if their emotional tension are often unable to relax sufficiently for the normal sleep - enabling processes of the twilight zone to take hold. When a troubled person wants to sleep but cannot, it only intensifies the frightening feeling of being helpless in a world of peril.

Relaxation in general is at a premium, and new ways to achieve it are regularly offered to an anxious population. The fact that meditation, bio-feedback and other approaches to serenity are so popular only points to the fact that sleep - the most natural way to relax - is often hard to come by!

There was a judgement handed down by the Hon. Judge Heald of the Federal Court of Canada in the case of the Inmates of Westminister Institution VS. the Westminister Segregation Unit; that stated that leaving the lights on full time was what amounted to a cruel and unusual punishment.

Other than Archambault Institution in Quebec, we are the only other institution in both Ontario and Quebec that leaves the night lights in the cell on full time; that subject the Inmates to this totally unhealthful sleep deprivation

In conculsion, there can be no other correctve action taken here at Collin's Bay Institution other then falling in line with the other institutions of just having the night lights on " during " the cell checks throughout the night. This should certainly not entail them being on for any longer than 5 minutes every hour rather then having them on throughout the whole of the night.

DR. SAMUAL DUNKELL, ASSOCIATE MEDICAL DIRECTOR AND DIRECTOR OF PSYCHIATRY AT NEW YORK'S POSTGRADUATE CENTER FOR MENTAL HEALTH, FELLOW OF THE AMERICAN ACADEMY OF PSYCHOANALYSIS AND THE PRESIDENT OF THE AMERICAN SOCIETY FOR PHENOMENOLOGICAL PSYCHOTHERAPY, HIS BOOK SLEEP POSITIONS.

THE PSYCHOLOGY OF BEING HUMAN, A TEXT BY DR. ELTON B. MC NEIL.

ASERINSKY AND KLEITMAN, THE DISCOVERERS OF REM AND NREM.

MR. GLUPPE, PSYCHOLOGIST AT COLLIN'S BAY INSTITUTION.

Compiled and written by Serge J. LeClair.

IF YOU FIND MISTAKES IN THIS
PAPER, PLEASE CONSIDER THAT
THEY ARE THERE FOR A PURPOSE.
WE TRY TO PUBLISH SOMETHING
FOR EVERY ONE AND SOME PEOPLE
ARE ALWAYS LOOKING FOR MISTAKES.

ABOLISH CRIMINAL LAW, DEMANDS MOHR

(reprinted from Liason)

Our criminal code is an unholy combination of religious law and tort law, claims Osgoode Hall law professor, Hans Mohr. It's overgrown and over controlled by the state, and since the essential ingredient of humanity has been lost, there's no justification for it to continue in its present form.

"When I say, abolish it, I know I'm being provocative," Mohr admits, "but I can't see that law reform will make any significant difference so we might as well get rid of our criminal law and start all over again".

"We're doing the same thing Europeans did 15 years ago. And what did they accomplish? Zero. Those who say we should aim for a new criminal code in five years are already a little too late".

"By advocating abolition, I want to make people ask themselves if we're not just repeating old patterns. We have a good historical basis of legal principles on which to pattern a new system. But we must first root out the Victorian attitudes and blinkered thinking that clutter up our criminal law".

While criminal law was intended as an instrument of last resort, Mohr points out, its now being invoked continually. He believes that the problem should be approached from the opposite direction, that the base line should be no criminal law at all, and that crimes that must be dealt with in a serious manner should be measured against this base.

"I'm not saying that certain agencies of the state shouldn't support the victim in his claim. Obviously, the community has an interest in looking after those who are harmed. But couldn't we use civil law, party vs party, rather than invoke the state? Our criminal law is clearly state law now, and I see this as very unhealthy for both our rights and our system of criminal justice."

***** con't *****

***** Hans Mohr con't *****

Increasingly, Dr. Mohr sees the courts being identified as part of the police-courts-corrections triad, rather than as a shield between the power of state and the rights of the individual. Clearly, the public perceive the the courts, not as an agency to protect the citizen, but as one that can bring to bear the power of the state against him.

Corrections, too, is caught in the web of criminal law, which paralyzes and sterilizes what could be good work. As it is now, Mohr asserts, corrections addresses itself neither to the victim, who first and foremost deserves our attention, nor to the circumstances we know produce crime.

The police are another instrument of justice about which society has an unhealthy attitude. The original idea was that the powers of the police would be stringently controlled. Yet many, if not most, policemen look upon themselves as law enforcement officers. With 20,000 odd regulations attached to the criminal code, that gives them more than enough laws to enforce.

In the public imagination, crime is what policing is all about. And for the police, says Mohr, crime is what legitimizes them. Crime means more funds, more manpower and more clout.

"I really do believe the police do a lot of good work," he comments, "But the biggest problem facing police administrators is boredom, keeping the guy on the beat interested and alert."

"Through our criminal law, we perpetuate a notion of crime that just isn't true. Crime is everywhere, we say. Violent crime is all over the place. But when you look at it closely, how many of us have been murdered lately? Fifty people last year in Toronto, and most of those were in family situations."

As for the concept of criminal law as the bulwark of morality, Hans Mohr believes that morality is being replaced by legality. People no longer ask themselves whether an action is right or wrong, but rather whether or not they can get away with it. If they can't then it's wrong.

***** con't ***

***** Hans Mohr con't *****

The beauty of civil law is that it evolves continually, Mohr observes. "It's better suited than criminal law to deal with value questions and problematic issues."

By introducing restitution and compensation- a tort concept- we're resurrecting forms of justice that have disappeared from the criminal code. But Mohr sees an unsettling ambivalence about them, especially in the hands of state agents. "You don't want to extend the system" he warns. "You want to replace it with something better."

People can hardly be blamed if they're negative about criminal justice. First, says Mohr, they're sold the Hobbsian notion that iron control must be maintained or anarchy will reign. Then we admit that we've sold them a bill of goods- that the system doesn't work.

"Most people," Dr. Mohr observes, "have no first hand knowledge of crime and punishment. They have to be helped to understand that our criminal law is archaic. Its time we gave up the Victorian notion of the watcher and the watched and enacted other instruments of justice that are truly concerned with the individual."

DEFINITIONS

Mothers day.....	nine months after fathers day
Brassiere.....	Device for making mountains out of mole hills
Adultery.....	The wrong people doing the right things
Divorce.....	When two people cannot stomach each other
Kiss.....	An application at headquarters for a job at base
Mistress.....	Something between mister and mattress
Prostitute.....	Busy body
Rape.....	Seduction without salesmanship
Twins.....	Womb - mates that later become bosom buddies
Virgin.....	A wise crack

taken from Vanguard.

Report from the Library.

I fully realise that most of you are not regular customers of the Library here at the Bay, but if you're doing any amount of time at all you might consider getting into a few good books.

Reading is not only informative, an awful lot of the cons that I know use a book as a sort of an escape from their surroundings. So give us a try, you might actually enjoy it.

Down here, we have the Library divided into three sections. These are, The Main Library : George Watson takes care of some 10,000 hard covers and around 3,500 paperbacks. In this part of the Library you can find just about anything that you want.

Tiny VaCola and Jimmy Fiefield take care of the Mail Room ; this is where all subscriptions for magazines are kept while they await to be picked up by their owners. (They also have the best coffee in the Joint - check it out !!!!!)

I run the other section of the place. It's known as the Legal Reference Library and I also do all the ordering for magazines, papers, etc. that you may want from the street. I have a price list for most of the rags that are available. If you want a subscription, drop down to see me and I'll get it in as quickly as possible.

The way that a subscription works around here is, you sign the forms, I send them to the Finance Dept., and when they happen to think of it, they send the cheque back to me and I send it to the company.

Please don't come here and bitch that your rag isn't here yet, as it usually takes from 8 - 10 weeks from the day you give me the order, until the first issue.

Some of the books that have recently come in that may be of interest are :

The Bretheren.....Woodward/Bernstein.	Alien.....Alan Foster.
Court-marshall of Lt. Calley...Conrad.	Dear Me...Peter Ustinov.
Beyond Reason....Margret Trudeau.	Spandu-The Prison...Albert Speer.
All my yesterdays...Edward G. Robinson.	Living and Loving...Sophia Loren.

All of Harold Robbins and the Shadow Series. Numerous Dusters and other paperbacks.

So come down to the Library some night and we'll do our best to accommodate you with the reading of your choice.

Summer hours are : Monday and Tuesday 5.00 - 7.00 P.M. and the Wicket is open Monday to Friday 9.00 - 11.00 A.M., 12.00 - 4.30 P.M. and 5.30 - 7.00 P.M.

Don't forget, if you have a legal problem, we have a \$12,000.00. library of legal books that may be helpful to you, along with copies of the Joint Rules i.e. Commissioner's Directives and the P.S.R.'s.

So give us a try.

Steve Lesway. Library Clerk.

The Murdered Card Play

Who is the murderer?

Who is the victim?

Four men whom we shall call Robert, Ronald, Ralf and Rudolph, were playing cards one evening. As a result a quarrel during the course of the game, one of these men shot and killed another. From the facts given below, see if you can determine the murderer and the victim.

1. Robert will not expose his brothers guilt.
2. Rudolph had been released from jail on the day of the murder, after having served a three day sentence.
3. Robert had wheeled Ralph, a cripple, to the card game at Ronalds house.
4. Rudolph had known Ronald for only five days before the murder.
5. Ralph met Roberts father only once.
6. The host is about to give evidence against the murderer whom he dislikes.
7. The murdered man had eaten dinner the night before with one of the men who did not bowl custoardily with Ronald.

Federal parole cases under supervision-at year end
1966 to 1979 by type of agency and region

	1966	68	70	72	74	76	78	79
By national Parole Service								
Pacific	136	258	437	393	705	626	822	860
Prairies	30	100	412	440	810	785	1009	1005
Ontario	51	130	982	1129	1252	1236	1274	1143
Quebec	316	395	684	775	1089	1191	2180	1966
Atlantic	38	108	244	244	240	374	490	711
Total	<u>571</u>	<u>991</u>	<u>2759</u>	<u>2977</u>	<u>4230</u>	<u>4328</u>	<u>5889</u>	<u>5685</u>

By provincial services and
private agencies.

Pacific	141	148	316	209	218	112	103	78
Prairies	306	326	450	522	529	379	431	358
Ontario	654	828	435	594	512	328	273	223
Quebec	358	405	330	648	574	271	207	221
Atlantic	117	182	246	249	218	111	74	87
Total	<u>1576</u>	<u>1889</u>	<u>1777</u>	<u>2222</u>	<u>2051</u>	<u>1201</u>	<u>1088</u>	<u>967</u>

Total Number of Cases	<u>2147</u>	<u>2880</u>	<u>4536</u>	<u>5199</u>	<u>6281</u>	<u>5529</u>	<u>6977</u>	<u>6652</u>
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% by provinces and private
agencies.

Pacific	51%	36%	42%	35%	24%	15%	11%	8%
Prairies	91%	77%	52%	54%	40%	33%	30%	26%
Ontario	93%	86%	31%	34%	29%	21%	18%	16%
Quebec	53%	51%	33%	46%	35%	19%	9%	10%
Atlantic	75%	63%	50%	51%	37%	18%	11%	11%
Total	<u>73%</u>	<u>67%</u>	<u>39%</u>	<u>43%</u>	<u>33%</u>	<u>22%</u>	<u>16%</u>	<u>15%</u>

"COMMITTEE AGENDA FOR JUNE 1980"

The following is a list of sixteen (16) , issues that will be brought up by our new committee , when it meets with the Warden. As you all know we have a new committee, so let's all get behind this one and make their job as easy as we can for them.

I've seen a lot of committees in the last two years here at the Bay ,and this is one of the best that we've had, so let's try to keep them, and the only way to do this is,STAND BEHIND THEM AT ALL TIMES.

Tom French,Editor.

In a meeting that was held prior to December 1978 , there were items approved that have yet to be implimented. These items are as follows, : The tiling of ranges that do not have tile, hot water in the cells that do have it now , and we also propose that the cell blocks and the cells be painted in different colors than the ones customary to the institutional trend.

We propose that a standing order be sent down to the blocks, so that when ever there is a sports program on T.V.,all that would be neccasary to enable us to watch them , would be for the committee rep. inform the Keeper on duty , one hour before the event.

On April 29th 1980 , the committee propsed that inmates be present when their cells are searched , except in " Particular Circumstances ". This was agreed upon , and we would like to know what is meant, when he says, " Cases of Particular Circumstances.".

There was a meeting with Mr. Yeomans in January of 1979 , at which time he told the committee that there would be changes in the Commissioners Directives, which deal with limits on cell effects, also C.D. 233 , that deals with inmate welfare funds for drives such as , bingos and lotteries etc..., We would like to know what if any changes have been made.

At the meeting in September of 1979 , the committee complained that about conditions in the Kitchen and asked why the officers mess was always spotless , and the kitchen for the population was not in the same condition. We see no reason why there should be any difference in the two eating areas and we want the problem looked into right away. Also we are proposing that an inmate food inspector be appointed as well as a staff inspector, to check the food before each meal in order to make sure that it is allright and of proper quality. We feel that with the appointment of these two inspectors the meals will be properly prepared. There is no reason that we should not eat the same quality food as the staff.

cont. overleaf

COMMITTEE ...cont.

At the last meeting , April 29th/80 , the committee stated that they wanted the mail delivered by V+C staff and not by the guards. We were wondering when this was going to be implimented. Also we would like to propose that the mail be delivered at noon instead of 4:15. We see no reason why this cannot be done, as the mail is delivered at this time at K.P. , Millhaven, and Joyceville.

We propose that the times of the socials be changed to, 1:00 PM to 9:00PM, and as for the count, the inmates attending the social could go back to their cells, and return to the social after the count is completed.

We also propose that the strip remain open as well as the yard , between 12:00 and 1:00 on weekends and holidays so that inmates who wish to stay in the yard may do so.

We would like to have the 'open door' policy reinstated to the way it was in 1973-74. The reasons for this are the doors are not open long enough for anyone wishing to take a shower to do so and it would also erase the problem of people coming in from the yard after playing sports or lifting weights having to wait up to 50 minutes to take a shower.

We propose that an outside washroom be built beside the sports shack, this would save people from having to run inside whenever they need to go to the washroom. Also we need a 220 Volt line installed to the sports shack as the shack is also used in colder weather.

We would like to know why sports equipment is not ordered in time for the summer sports schedule. We have asked for weight lifting bars and benches since the beginning of May and they have not yet been made. Everytime we see Mr. Massey , he sends us to Mr. Fowler who inturn sends us back to Mr. Massey. It's simply the old " pass the buck " routine and we want to get to the bottom of this problem.

We propose that the Recreational Officers get involved in running clinics for baseball , soccer etc.... and also set up a fitness clinic for the older inmates, so they can keep themselves in good shape. The recreational staff are all trained in setting up these clinics , so we can see no reason why they can not get involved in organizing these clinics, after all their job is recreation and that's what they're getting paid for.

We would like to know what guidelines the administration has concerning entertainment, i.e. Movies, Musical Groups , etc... . We propose that we be allowed to invite musical groups into the institution every two months

cont.....

Committee cont..

Also why are we only allowed to deal with three companies when ordering movies for the population. We would like to deal with more than these three companies and that way we can get a better selection of movies. As it stands now , we are lucky to get one good movie a month.

We propose that the hours of the Christmas Concert be changed from 1800 hours - 2215 hours to , 1300 - 2230 hours.

We also propose that the Native Brotherhood , room in the top of 3 Block be reopened for the Native Brotherhood group. We feel that the room was taken away from them for no just reason and that the Brotherhood is now suffering an unjust setback in their program.

The committee also proposed that we have a family day every three (3) months,i.e. June , Sept., Dec. & March , in which each inmate could invite three (3) people from his approved visiting list , PLUS children. The length of these events would be from 1:00 PM - 9:00PM. We can set up a day care center for the children and get volunteer workers who are not having guests, to look after the children , plus have these volunteers take care of the food and refreshments. As for the count at 4:30, all inmates attending the family day could go back to their cells and return after the count is completed . As for the workers who are taking care of the food and children, they could be counted in the gym. We feel that that an event such as this would be a great boost in the morale of every inmate in this institution. It would also keep relationships with wives , families and children very much closer.

* * * * *

" SPORTS SPECIAL REPORT ON A SO CALLED BALL GAME "

(TORONTO ALLEY CATS VS THE BIKERS OF THE WORLD)

Imagine if you can 14 guys who would rather ride a motorcycle 30 feet to the corner beer store than walk the distance. Now imagine these same 14 guys getting together on a Wednesday , and playing but one warm up game against a minor team , and then actually having the JAM to take on the undefeated Toronto Alley Cats.

Well thats what happened on Sunday June 22nd here at the Bay, and what happened over the next 2 hours was the greatest upset since the '69 New York Mets won the World Series.

The Toronto team was a powerhouse on their previous outings , destroying

.....cont.....

the opposition. Surely this would be another in a string of victories, how could they lose with the likes of Serge (The Arm) LeClare , Patty (Over the Wall) McCarnan, Jimmy(Do as I say) King and of course the pitcher that is terrorizing the major league , Tony (The Streak) Fiore.

Any betting action in the joint had the Toronto team favoured by at least 5 runs and rumour has it an awful lot of smokes were riding on the game. The Big Blue machine from T.O. took the feild and the underdogs came to bat. Nobody could figure out why they looked so confident.

The mighty Fiore struck-out the first two batters and the third grounded out to the second baseman , Patty McCarnan.. The rout was on or at least that's what we thought at the time.....

The starting pitcher for the Bikers ,Mike(Never Smile) Grant , showed the large crowd just what is meant by a slider and a curve.

The Alley Cats hardly came close to hitting the magical balls that he was throwing so masterfully and even if they could make contact the Bikers in feild was equal to the task., Red Galloray , Wolf Srenk , Bobby Bourne and Gary Bryant were unbeatable in the first three innings and when the top of the fourth came around IT HAPPENED!!!!!!!!!!!!

The Bikers got a single... then a double.. and another ... and even a few more. It looked like a Yankee - Blue Jay game nothing but hit after hit. By the end of the inning the underdogs were up 4-0 and after a three up three down , inning for the Alley Cats the now confident Bikers collected 7 more runs in the fifth.

The Toronto comeback was limited to a one run rally in the bottom of that inning , but from then on it was all Bikers. Really it was to one sided to be called a game.

The final score was really wild , 19 - 1 Bikers and they outhit the Toronto team 26 - 6. Congratulations to the Bikers , Mike Grant , Gary Bryant , Bobby Bourne, Wolf Srenk, Red Galloray, Ray Snyder, Garnet Mathies, Rob Urbanick , Freddy McCullum (and no Serge, Freddy does not drive a Honda) Bill Yardly Eddy Gardener , Paul Duframe, Phil Sinwalski and the catcher was an old guy... Someone named Guindon! Who ever he is.

As for the boys from the big city...." Tony , Dave , Billy , Pat , Jim , Jimmy , Tony, Mark, Bob , Bart, Reg , Larry , Scrappy and yes even SERGE. Nice try fella's By the way fellas I understand that there's some nice land for sale up near Port Hope... That is far from the proud citizens of TORONTO..... Great day for the Bikers... But if you're from the big city..... Well maybe next time.....

* * * * *

Thought for the Day : "It's not how you play the game , it wether or not you win.... That's what matters!"

(Overheard in Guindon's Office)

Skin Frisking of Prisoners Ruled ILLEGAL !!!!

Ottawa(CP)-An order by warden Nicholas Caros that all prisoners be "thoroughly skin frisked"when leaving or entering the federal penitentiary at Matsqui,B.C.,has been ruled illegal by the Federal Court of Canada.

A judgement released yesterday by Mr.Justice A.A.Cattanach said the order is in conflict with Canadian penitentiary regulations that allow the searches only when there is reasonable ground to suspect that a prisoner is in possession of contraband.

Skin frisking consists of a prisoner's being completely undressed,a detailed search of his clothing and a visual examination of the exposed body.

The prisoner is required to bend over and spread his buttocks so that a guard 'may complete a proper skin frisk,' the court was told.

Conrad Gurn,a prisoner at Matsqui,refused to bend over on returning to the jail from hospital.He said that it was degrading,humiliating and unlawful.He later was sentenced to 30 days dissociation-solitary confinement-but appealed to the federal court.

Judge Cattanach said the warden believed such searches were necessary because of an incident Nov.10,1978,in which a prisoner hid a knife on on his person before being escorted to hospital.

The prisoner seriously wounded two guards and committed a murder before his recapture,causing concern among residents of Matsqui.

The judge said that it seemed to him that ridgid enforcement of ' thorough searching of all prisoners entering and leaving the jail seemed the logical way to supress the carrying of contraband.But the regulation was in conflict with general penitentiary orders and therefore was illegal.

THE SPIRIT OF MAN COMMUNES WITH HEAVEN,

THE OMNIPOTENCE OF HEAVEN RESIDES IN MAN

IS THE DISTANCE BETWEEN HEAVEN AND MAN VERY GREAT??????

Canteen News

We now carry .17¢ stamps and will continue to do so till the prices go up. But the stamped envelopes will be discontinued as figure this one out—we were paying more for them than they are worth. It's cheaper for you to buy blank envelopes at 10 for .15¢ and stamps. We'll still have stamp booklets.

Hey guys it gets a little tough on a busy night, please use an order list. It's much easier for us, faster for you and makes for less mistakes.

Since we've opened at the beginning of November, the canteen has made a profit of \$2,932.17. This eventually will make its way to the Inmate Welfare Fund every six months. By the way the sales have gone up from roughly 3200 to 5200 every canteen period since Nov. till now. This helps to account for the canteen profits being double to what we used to get under the old way. Who said cons can't run things right.

The next regional meeting about canteen items is in mid July so if you have any reasonable items you would like to see changed—added on or taken off—please jot it down on a piece of paper and give to me at the window. I have a meeting coming up soon with the A?D Soc. about what items I would like to see him get for us when he goes to the regional meeting.

That's it for now, See ya at the window.

Serge

FLASH!!!! Since the writing of this article I have more news for you. I'm sure that won't be pleased to hear that we have a new canteen price list that comes into effect, Monday June 30th. Many prices have risen. The new list is being run off and as soon as we get them we'll be able to give you a copy. Due to the new price list raise in prices, Coke will be \$5.10 a case, Pepsi, \$3.00 a case and Hi C is up to \$5.00 a Case; we now have to raise the prices of these three brands of pop, to 25¢ per can, except when you buy them in 6, 12 & 24 packs.

Keep it in mind guys, that Joyceville and Millhaven still charge 25¢ for each can of pop, and have done so since they first opened their canteens so you're still ahead of the game.

PRISON JUSTICE DAY IS CLOSE, THIS IS A REMINDER TO EVERYONE.

PRISON JUSTICE DAY

AUGUST 10th

FOR AN END TO SENSELESS
DEATHS IN PRISONS

IN SUPPORT OF HUMAN
RIGHTS FOR PRISONERS

THE RIGHT TO MEANINGFUL WORK WITH FAIR WAGES
THE RIGHT TO USEFUL EDUCATION AND TRAINING
THE RIGHT TO PROPER MEDICAL CARE
THE RIGHT TO FREE , ADEQUATE LEGAL SERVICES
THE RIGHT TO FREEDOM OF SPEECH AND RELIGION
THE RIGHT TO INDEPENDENT REVIEW OF ALL PRISON REVIEW-MAKING & CONDITIONS
THE RIGHT TO VOTE
THE RIGHT TO FORM A UNION
THE RIGHT TO ADEQUATE WORK AND FIRE SAFETY STANDARDS
THE RIGHT TO OPEN VISITS AND CORRESPONDENCE
THE RIGHT TO NATUAL JUSTICE AND DUE PROCESS

REMEMBER!!!!!!

PRISON AUGUST
JUSTICE TENTH
DAY . 1980.

We're having a problem with guys coming to the canteen TWICE.. on the Thursday pay-day. Please come only once and give our book-keeper a break, and ensure that the other guys get a chance to be served once.

See Ya' at the Window
— Serge.

* * * * *

EDITORS COMMENTS ON SPORTS....

On Tuesday June 24th out in the ball park , The Bikers did their thing again by coasting to an easy 11 - 6 victory over the Unknowns , a team managed by , Billy (Terryton Smoker) Weaver.

Afetr a game like this mismatch it's really rather obvious why these guys have called themselves the 'Unknowns' , I mean hell , who'd admit to knowing such a team. Maybe next time fella's.....

Sports Footnotes: Rumour has it , that the only way the Bikers are able to score all these runs in each game is due to the fact that manager Bernie Guindon has kept , Billy (The Hippy) Yardley , warming the bench.

Also I hear through the 'Grapevine' that , the only reason that the Alley Cats lost to the Bikers on Sunday was due to the 'FLEW!!!!' , AND THERE IS ALREADY TALK OF A REMATCH....STAY TUNED.. AND WE'LL LET YOU KNOW IF TORONTO EVER GETS OUT OF THE ALLEY AND ONTO THE BALLPARK!!!!!!

PLAYER OF THE WEEK AWARD!!!!!!!!!!

MAJOR LEAGUE This months winner is a fine example of how third base should be played and is now hitting the ball with good power and consistancy.

The Winner for June- Bobby(Want to buy a ticket on a canoe) Rowbothon , of The Surfs.

MINOR LEAGUE..... The winner here was really no contest in my opinion. He was by far the best player on the fiêld during the first three games he has played, on Sunday he was 5 for 5 in the big win against Toronto , with 6 RBIs and 7 assists on put outs. All this he did with apulled muscle in his throwing arm.... The Sportswriter of this news paper is proud to name Wolf Srenk of the Bikers as the player of the month for June.

Congradulations to both Bobby and Wolf.

Steve Lesway

" LET'S HEAR FROM THE ELIZABETH FRY SOCIETY "

Two years ago this paper did a article on the John Howard Society. It was not in faver of a lot of the things that John Howard was doing at the time. But since that time a lot of work has been done by the John Howard Society to bridge that gap. To date it has worked out for the best of both the John Howard and the Con's it was set up to help.

With that in mind we are running a list of complaints that the women at the prison for women have, with the Elizabeth Fry Society. In hopes that they will want to change their image in the Prison for Women.

We believe that the members of the Elizabeth Fry Society should have NO right to vote on whether or not we get our day parole or full paroles, since they have knowledge of the people that they are voting about.

Kingston Elizabith Fry Half-Way house seems to be very short, if not totally incapable of providing help, as in counselling, for the women who go there on their Day Paroles. It seems that the staff that are there are usually too busy to help the ladies who need it, and there is no councling.

It seems that a lot of the ladies who are deportable have more priority then the Canadian citizens, and they are also afforded a lot more privileges. At one point it seemed that the KingstonElizabeth Fry Half-Way House was totally full of deportable women, and the Canadians had to wait for months to get out of the institution. We believe that one solution could be sending the deportables home as soon as they have been accepted for either Day Parole or Full Parole.

The only door open to the ladies in federal system seems to be the Elizabeth Fry Society, and we would like to see the John Howard Society take over a lot of the paroles for the ladies. It seems that a lot of inmates that were talked to preferred the John Howard Society, over Elizabeth Fry.

We know that the Elizabeth Fry Society is give a government grant to work with and help female offenders, but we do not see many results of this work in the prison for women. The volunteers that used to come into the institution were all students, and they all went home at the end of April. They used to come in once a week, with different programs and activities, but the quality of these soon dropped. At the end they only seemed to come in to play volleyball, and sit around and gossip. The last function that some of them actually did attend was our St. Valentine's Day dance, which was funded by the Inmate Welfare fund.

xxxxxxxxxxxxx con't xxxxxxxxxxxxxxxx

xxxxxxx Elizabeth Fry Society Con't xxxxxxxxxxxx

It seems that the majority of the women in the prison for women avoid the E. Fry Society, as they really don't want anything to do with such a badly un-organized, time wasting group, but in the end, they have NO choice, since this group is the only one that is really set up to help women on a full-time basis. Since the John Howard Society in B.C. seems to be able to do such a good job there, we would like the same kind of program set up for the women in the federal system in Ontario.

The ladies of the Elizabeth Fry Society seem to have jumped to a lot of conclusions about the advisability of closing the Prison for Women, without even so much as consulting the ladies whose lives it will change drastically. It is rather tragic especially considering the fact that this society is supposed to be dedicated to the women they seem to be totally ignoring. If they do not wish to consult with us on this matter, we would appreciate it if they just minded their own business.

Inmates have heard, which means it must have really gone the long way around that there are volunteers on the outside who really wish to get involved with this program, have applied to join the Elizabeth Fry and were never contacted again.

The Elizabeth Fry Society doesn't seem to want to take the responsibility for any of the ladies who have a record with violence in it. This makes it exceedingly hard for any of the lifers to get out, and they make up one-fifth of the prison for women population at this time.

The Elizabeth Fry Society only seems to want to commit themselves for two or three months at a time, and if an inmate is doing more than five years it takes longer than that to get answers back on whether or not they have been accepted for day parole, or full parole. It's bad enough when one is turned down either parole, but much worse when one is turned down by the Elizabeth Fry Society.

The Elizabeth Fry Society seems to have a preference for taking in and helping provincial women first, so this leaves a lot of us with a great many problems trying to find alternative accommodations.

It seems that a lot of women have been sent back to the Prison for Women from the Kingston Elizabeth Fry Half-Way House, for a lot of very petty reasons. Could it be possible to set up a board, that also includes people from the institution and the John Howard Society instead of it being on just one person's say so, or opinion. If there is any kind of personality conflict, this makes it impossible for the inmate to make it in the half-way house.....

" THE UNEATABLE MEAL AWARD "

I WOULD LIKE TO NOMINATE OUR OWN LITTLE KITCHEN HERE FOR THIS AWARD. WITHOUT A DOUBT OUR KITCHEN IS TURNING OUT SOME OF THE WORSE MEALS THAT I HAVE EVER COME ACROSS IN ALL MY MANY YEARS IN JAIL.

THERE WAS A TIME THOUGH, IN THE EARLY AND MID. 70s, WHEN C.B.I. WAS THE BEST FEEDING MAJOR INSTITUTION IN THE REGION. WHAT A CHANGE IN JUST A FEW YEARS.

THERE WAS A TIME WHEN A CON WORKED HARD WHEN HE HAD A JOB TAKING CARE OF OTHER CON'S AND ASIDE FROM A CERTAIN FEW INDIVUALS IN OUR KITCHEN ----- THIS ISN'T THE CASE ANY MORE.ONCE A CON DIDN'T GET A JOB SERVING OTHER CON'S IF HE DIDN'T GET WANT TO WORK HARD AT DOING HIS JOB AND MAKE THINGS A LITTLE EASIER FOR HIS FELLOW CON. MAYBE THAT'S THE PROBLEM HERE..... TOO MANY INMATES AND NOT ENOUGH CON'S.

LETS NOT LEAVE THE STEWARTS OUT OF THIS. I'M SURE THAT ALOT OF THE POOR MEALS COMING OUT OF OUT KITCHEN IS DUE TO THEM AS WELL. I CAN ONLY ASSUME THAT THEY'RE NOT DOING THEIR JOB AS WELL. ARN'T THEY SUPPOSE TO SUPERVISE, MAKE SURE EVERYONE IS DOING THEIR JOB, AND SEE THAT THE MEALS THAT ARE GIVEN OUT ARE EATABLE??????????????

IF THERE IS ANYONE DOUBTING ME WHEN I SAY THE MEALS ARE AN OUTRIGHT INSULT, THEN JUST ASK THE GUYS THAT HAVE TO EAT THEM AND ABOVE ALL, CHECK OUT THE OVERFLOWING GARBAGE CANS AFTER EVERY MEAL.

TO THE GUYS IN THE KITCHEN I SAY; HEY HOW ABOUT REMEMBERING THAT THE JOB YOU HAVE IS TO DO THE BEST YOU CAN FOR YOUR FELLOW CONS. TRY TO REMEMBER WHAT IT WAS LIKE WHEN YOU HAD TO EAT A LINE MEAL.

TO THE STEWARTS I SAY " HEY YOU'RE GETTING A BIG SALARY, HOW ABOUT EARNING IT. "

TO EVERYONE WORKING IN THE KITCHEN I SAY HOW ABOUT SOME PRIDE IN YOUR JOB.

Since the writing of this article and now, there has been a movement within the kitchen to improve the meals and they have done so to a degree. There is still a long way to go but at least the process has started and you can bet that it is much appreciated. Thanks and keep up the good work guys.

SERGE LE CLAIR.

Strange Crimes

Strange Punishments.....

(Reprint from Midnight Express)

Rothenburg, Germany- A visit to the recently expanded " Torture Chamber" in this romantic, medieval city will quickly convince you that people had interesting ideas about crime in the " good old days".

-sleeping in church. Do this and you were made to stand in the market square with a big heavy rosary chained around your neck.

-drinking coffee. It was thought unhealthy. The community employed, " sniffers" to roam the streets to seek the telltale odor of roasting coffee.

-adultery. Only women could be guilty of it. Three convictions and she was put to death.

-gossiping and quarreling. Again only an offence for women. The gossipers had to stand in the market square with a long eared long tongued mask, signifying that she heard and repeated everything. Quarrelers were locked together by a gadget that clamped around both their necks, and made to stand in the market square until they got over their differences.

-stealing. Take what today would amount to \$150 and you died.

-pretentiousness. The law kept the lower class in its place by prescribing what members of it could spend for certain things. A commoner could be pillored if he insisted on wearing silks and furs or invited too many people to a wedding.

-offending the ears with bad music. A lousy minstrel had to stand in the market square with a flute clamped to his neck and wrists.

Everybody still calls the Rothenburg museum the "Torture Chamber", though its official title was recently changed to the "Medieval Crime Museum". The change was made partly because it now has an extensive collection of documents and pictures as well as the torture instruments.

DO YOU REMEMBER WHEN????????????
(TAKEN FROM STONY MOUNTAIN FLYER)

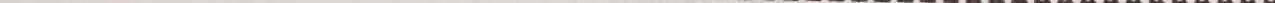
ok in and HOOKED was what the rug may have been...

verb that meant to repair and be-in simply existed somewhere...

well organized, TIDY and CLEAN and GRASS was a ground-
green.....

1 HANG-UP was something

HAVE THE POWER.



Candy Bar Theft Brought 34 Years

Scranton, Pa.- In 1941 Lawrence Steubig broke into a railway car and stole half a dozen candy bars.

He and his partener in crime were arrested and charged with burglary and receiving stolen goods. The other man was convicted and served nine months in jail, the Steubig case was never heard.

Instead, the Quarter Sessions Court in Philadelphia declared Steubig mentally incompetent to stand trial. Records showing the reason for that decision were not immediately available. He was committed to a state hospital where he spent the next 34 years of his life.

Now the 77-year old Steubig is suing Fairview State Hospital and current and former administrators for illegally holding him at the facility.

Steubig might still be at Fairview except that in 1975 a women named Elizabeth Walsh remembered him as a friend of her husbands and set out to find him after her spouse died. She located him at Fairview and in a few months he was released in her custody.

In testimony Friday, Dr. Wolfgang Reiger, an associate professor at Pennsylvania State University who interned at Fairview, said Steubig should have been held no longer than a year before being released.

" People can commit rapes and murders and be let out of jail in 10 -15 years," said Beasely. " Here's a guy who steals six candy bars and he spends 35 years imprisoned."

" AS WE BECOME DRUNKARDS BY SO MANY SEPARATE DRINKS, SO WE BECOME SAINTS OR AUTHORITIES AND EXPERTS BY SO MANY SEPARATE ACTS AND HOURS OF WORK."

WILLIAM JAMES.

Candy Bar Theft Brought 34 Years

Scranton, Pa. — In 1941 Lawrence Stouffer, a 17-year-old boy, was arrested for stealing candy bars from a store in Scranton. The store owner, who was a member of the local police force, was the one who arrested Stouffer. Stouffer was sentenced to 34 years in prison for the crime.

He was a partner in crime with several other boys and was living stolen goods. The police were looking for him in the next few years.

Trained the police in crime were arrested and on mentally located. The reason for that decision were not immediately available. He was committed to a state hospital where he spent the next 34 years of his life.

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"AS WE BECOME UNIMAGINED BY 30 MANY SEPARATE DRUGS, SO WE BECOME SANE IN AUTHORITIES AND EXPERTS BY 30 MANY SEPARATE ACTS AND HOURS OF WORK."

WILLIAM JAMES

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KINGSTON

